

Web & Contact Information:

E-mail: info@texaspowerathletics.com

Parent Portal:

<https://www.iclassprov2.com/icpv2/parentportal/txpwrathletics>

Shopify: <http://texas-power-athletics.myshopify.com/>

Telephone: 512-284-9211

Fax :(512) 284-8873



Program Cost

- Annual Registration Fee (From the day you sign up): \$50/annual
- Little Tumblers 2-5 years old- \$60/month (50 Min Class)
- Beginner Flight Class, any age looking to enhance their flying skills - \$60/month (50 Min Class)
- Intermediate / Advanced Flight Class, must be evaluated by coach. -)\$85 (80 Min Class)month
- Cheer prep #1, 3-10 years old - \$60/month (50 Min Class)
- Cheer/Beg Tumble, 11-18 years old - \$85/month (80 Min Class)
- Jump Class: 11-18 years old - \$60/month (50 Min Class)
- Recreational & High School Tumbling Classes (Intro Beg-Advanced) - \$60/month (50 Min Class)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Intro Coach Kelly 4:30 - 5:20 Floor: R1/ R2	Vicious Wolves CoachTJ/Chris 5:00-7:00 Floor: All Star	Ferocious Wolves Coach Anna 5:30 - 7:30 Floor: All Star	Vicious Wolves CoachTJ/Chris 5:00-7:00 Floor: All Star	Hot Shots Coach Kelly 4:30 - 5:20 Floor: F1	Advance I 9:00 am-10:20 am Coach James	Savage Wolves Coach TJ/Chris 2:00 - 5:00
Cheer Prep I Coach Kelly 5:30 - 6:20 Floor: R1	Intermediate Coach Ervin 5:30 - 6:20 Floor: R1/R2	Intro Coach Chris 5:30-6:20 Floor: R1/R2	Intro Coach Kelly 4:30-5:20 Floor: R1	Beginner Flight Chris/James/TJ 4:30 - 5:20 Floor: F2/F3	Beginner 10:30 am-11:20 am Coach James	
Back Handspring Coach Chris 5:30-6:20 Floor: R2/TT	Beginner Coach Kelly 6:30-7:20 Floor: F3	Saltos Coach Ervin /TJ 5:30 - 6:20 Floor: R1/R2	Back Handspring Coach Ervin/Kelly 5:30-6:20 Floor: R2/TT	Beginner Coach Kelly 5:30 - 6:20 Floor: F1	Vicious Wolves Coach TJ/Chris 9:00 am-11:00 am	
Intro Coach Kelly 6:30 - 7:20	Back Handspring Anna 6:30-7:20 Floor: F2	High School Tumbling 6:30 - 7:20 Coach Ervin/TJ/Anna	Cheer & Beginner I Coach Kelly 6:30-7:50 Floor: R1/R2/TT	Inter./Adv. Flight Chris/James/TJ 5:30 - 6:50 Floor: F2/F3		
Beginner Coach Chris 6:30 - 7:20	Jump Class Coach Anna 7:30-8:20 Floor: F3	Savage Wolves Coach TJ/Chris 7:00- 9:00 pm	High School Tumbling 6:30 - 7:20 Coach Ervin/Anna	Little Tumblers Coach Kelly 6:30 -7:20		
Back Handspring Coach James 6:30 - 7:20 Floor: F1	Leader Of The Pack Coach Chris 7:00-8:20 Floor: Full floor		Open Gym 7:30- pm - 9:00 pm Coach Ervin			
Advanced I CoachTJ 6:30 - 7:20 Floor: R2/TT						
Savage Wolves Coach TJ/Chris 7:15- 9:15 pm						

THE FOLLOWING REQUIREMENTS MUST BE PERFORMED WITH A HIGH LEVEL OF EXECUTION IN ORDER TO ENROLL.

PROGRAM DESCRIPTION

PROGRAM DESCRIPTION

INTERMEDIATE TUMBLING

- Students must be able to perform a standing back handspring on the floor without a spot

SALTOS CLASS

- Students must be able to perform standing two back handsprings and a power hurdle round-off series without a spot

ADVANCED

- Students must be able to perform a standing tuck, a round-off back handspring tuck and a standing series to tuck without a spot

ELITE

- Students must be able to perform a specialty pass to a layout and a standing series to a layout

INTRO TUMBLING

- No experience required
- Introduction to tumbling technique

BEGINNER TUMBLING

- Students can successfully complete basic tumbling skills

HANDSPRING CLASS

- Students must be able to perform both back walk-over and front walk-over without a spot